



# Doncaster DARTES

(Affiliated to Yorkshire SA and ASANER)



## MARCH SPRINTS 2019

### B/C Grade Sprint Gala

License Level 3 applied for  
(Held under ASA Laws and Technical Rules)

**Sunday, 3rd March 2019**

at Adwick Leisure Complex

50m sprints in all four strokes and 100m IM, with cut-offs. All events HDW.

Age Groups: 9yrs; 10yrs; 11/12yrs; 13/14yrs; 15yrs & Over (Age on Day)

Awards to top 6 in each age group, both B & C Grade  
Top Boy & Top Girl in each age group  
Top Club

Session 1	Session 2
Boys 9 & 10 years Boys 13/14 years Girls 11/12 years Girls 15 & Over	Girls 9 & 10 years Girls 13/14 years Boys 11/12 years Boys 15 & Over

Modern six lane 25m competition pool with anti-wave lane ropes and full electronic timing & scoreboard. Large car park, and food available all day.

Entry Fees: £5.50per individual event.

Entries accepted on a "First come, first served" basis.

Full-day Coach's Pass: £15.00 - includes meal, programme, start lists & 'results by web'.

Spectators tickets purchased in  
advance

Entry forms and information available online at [www.dartes.co.uk](http://www.dartes.co.uk)

Entry Secretary: Neil chambers , [nc.dartes@gmail.com](mailto:nc.dartes@gmail.com)

email: [meets@dartes.co.uk](mailto:meets@dartes.co.uk)

**Closing Date: 6th February  
2019**

Promoter:  
Mr Rob Bailey



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### Session Times

Session 1	
Warm-up: Girls Warm-UP : TBC Boys Warm-up: TBC	
101	Girls 11/12yrs, 15yrs/Over 4x25m Individual Medley
102	Boys 9,10,13/14 Yrs 4x25m Individual Medley
103	Girls 11/12 yrs 50m Backstroke
104	Boys 9 Yrs & 10 Yrs 50m Breaststroke
105	Girls 15 yrs & Over 50m Butterfly
106	Boys 13/14 Yrs 50m Freestyle
107	Girls 11/12 yrs 50m Breaststroke
108	Boys 9 & 10 Yrs 50m Backstroke
109	Girls 15 yrs & Over 50m Freestyle
110	Boys 13/14 Yrs 50m Butterfly
111	Girls 11/12 yrs 50m Freestyle
112	Boys 9 Yrs & 10 Yrs 50m Butterfly
113	Girls 15 yrs & Over 50m Backstroke
114	Boys 13/14 Yrs 50m Breaststroke
115	Girls 11/12 yrs 50m Butterfly
116	Boys 9 Yrs & 10 Yrs 50m Freestyle
117	Girls 15 yrs & Over 50m Breaststroke
118	Boys 13/14 Yrs 50m Backstroke
Session 2	
Warm-up: Girls Warm-up: TBC Boys Warm-up: TBC	
201	Girls 9 yrs, 10 yrs & 13/14 yrs 4x25m Individual Medley
202	Boys 11/12 Yrs & 15 Yrs/Over 4x25m Individual Medley
203	Girls 9 yrs & 10 Yrs 50m Backstroke
204	Boys 11/12 Yrs 50m Breaststroke
205	Girls 13/14 Yrs 50m Butterfly
206	Boys 15 Yrs/Over Freestyle
207	Girls 9 yrs & 10 Yrs 50m Breaststroke
208	Boys 11/12 Yrs 50m Backstroke
209	Girls 13/14 Yrs 50m Freestyle
210	Boys 15 Yrs & Over Butterfly
211	Girls 9 yrs & 10 Yrs 50m Freestyle
212	Boys 11/12 Yrs 50m Butterfly
213	Girls 13/14 Yrs 50m Backstroke
214	Boys 15 Yrs/Over Breaststroke
215	Girls 9 yrs & 10 Yrs 50m Butterfly
216	Boys 11/12 Yrs 50m Freestyle
217	Girls 13/14 Yrs 50m Breaststroke
218	Boys 15 Yrs/Over Backstroke



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## March Sprints Sunday, 3rd March 2019

### Cut-off Times

(Entries **MUST** be slower than)

Girls Cut-off Times						
Age	Grade	50m Freestyle	50m Backstroke	50m Breaststroke	50m Butterfly	100m Individual Medley
9 yrs	B	42.90	49.50	56.20	48.40	1:50.30
	C	53.90	1:01.80	1:09.90	59.90	2:17.60
10 YRS	B	37.50	44.50	48.50	42.50	1:38.90
	C	43.50	50.50	54.50	48.50	1:56.00
11/12 Yrs	B	34.50	39.00	44.00	39.00	1:25.50
	C	39.50	44.00	49.00	44.00	1:35.30
13/14 Yrs	B	33.50	36.50	42.00	37.00	1:19.60
	C	37.50	40.50	46.00	41.00	1:26.80
15/O yrs	B	31.00	33.00	38.00	34.00	1:17.70
	C	35.00	37.00	42.00	38.00	1:24.80

Boys Cut-off Times						
Age	Grade	50m Freestyle	50m Backstroke	50m Breaststroke	50m Butterfly	100m Individual Medley
9 yrs	B	42.80	49.60	55.80	48.60	1:49.50
	C	57.50	1:05.50	1:14.00	1:04.50	2:26.40
10 Yrs	B	36.50	43.50	47.50	41.50	1:39.90
	C	42.50	49.50	53.50	47.50	2:06.80
11/12 yrs	B	33.50	38.50	43.00	36.50	1:26.50
	C	38.50	43.50	48.00	41.50	1:39.20
13/14 Yrs	B	31.00	35.50	39.50	35.00	1:15.00
	C	35.00	39.50	43.50	39.00	1:22.50
15/O yrs	B	28.00	31.00	34.00	31.00	1:10.60
	C	32.00	35.00	38.00	35.00	1:17.10



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## March Sprints Sunday, 3rd March 2019 The Rules

- 1 The promoter for this event is Mr Rob Bailey.
- 2 The Competition will be held under ASA Law & technical rules.
- 3 The one start rule will apply.
- 4 Over the top starts may be used at the promoters discretion.
- 5 Swimmers are requested to remain in the water until asked to leave the pool.
- 6 All individual events will be heat declared winners.
- 7 The pool is 25m long, 6 lanes with anti wave lane ropes and electronic timing.
- 8 No outdoors shoes to be worn on the poolside. Footwear must be worn outside the pool area.
- 9 Age Groups are 9 yrs, 10yrs, 11/12yrs, 13/14 yrs, and 15yrs & OVER.
- 10 Ages are as at 3rd March 2019.
- 11 Entries will only be accepted electronically using the correct forms available at [www.dartes.co.uk](http://www.dartes.co.uk).
- 12 Time entries are to be based on 25m pool times or converted 50m pool times by use of the ASA Conversion Tables and should be SLOWER than the published cut-offs.
- 13 Swimmers may enter in B grade for some events and C grade for others.
- 14 Swimmers may enter the Individual Medley event only if they have entered at least one other individual event.
- 15 The closing date for entries is 6<sup>th</sup> February 2019 and refers the final date on which entries must be received by the meet secretary.
- 16 Entries are accepted on the 'first come, first served basis' only.
- 17 Poolside entries will not be accepted may be accepted at the discretion of the promoter
- 18 Should entries be over-subscribed, the promoter reserves the right to limit entries by rejection of the last entries to be received.
- 19 This meet will operate as a CARDLESS meet. All entry withdrawals must be presented to the recorder no later than 10 minutes after the start of the relevant warm-up of each session.
- 20 The fees for this event are £5.50 for each individual entry.
- 21 Coaches MUST wear passes provided at all times whilst on poolside. Only swimmers with accepted entries and Coaches/Team Managers with a valid Coaches pass will be allowed on poolside.
- 22 Coach passes are priced at £15.00 each and include lunch, program, start lists and results by Web.
- 23 Coaches and Team Managers are requested to ensure their swimmers respect the officials and are silent at the start of each heat. Team Managers / Coaches must supervise the warm up of their swimmers.
- 24 All clubs submitting 10 or more swimmers are requested to provide a timekeeper or level1 official (please forward names and registration number for official nominated)
- 25 The Referees decision is final.
- 26 Trophies/medals/awards will be made for each event to the first six in each age group and grade.
- 27 Presentations will only be made for the top boy/girls, top club. All other awards should be collected from the awards table during the meet.
- 28 In each event and grade, points will be awarded (6, 5, 4, 3, 2 and 1) to the first six in each age group and grade. These points will be totaled to decide Top Boy & Top Girl for each of the age groups and the top club overall. In the event of a tie on points the award will be given to the swimmer/club with the most 1st places.
- 29 Any swimmer swimming at or faster than the cut-off time for their entered grade will receive a Speeding Ticket. Speeding tickets have no points value for Top Boy/Girl or Top Club trophies.
- 30 Admission for spectators will be £4.50 per session, £8.00 for a full day for adults, £3 per session / £5 all day OAP/Children , spectator tickets must be purchased in advance. The spectator area WILL be cleared between sessions.
- 36 If the demand for spectator tickets exceeds the balcony capacity then clubs shall be allocated a ticket quota Based pro- rata upon their number of entries
- 31 Any rejected spectator ticket applications shall be refunded in full
- 32 The spectator tickets will be sent to clubs in the post. *An SAE is required with your fees submission*
- 33 Spectator tickets must be pre-ordered and cannot be purchased on the day
- 34 Refreshments may be obtained in the cafeteria but may not be taken on to the poolside.
- 35 A swim shop will be in operation throughout the gala.
- 31 Refreshments may be obtained in the cafeteria but may not be taken on to the poolside.
- 33 Could all payments made via bacs or cheque please ensure open meets entry reference code is applied
- 34 Any point not covered by these rules will be at the discretion of the organisers and the promoter.

